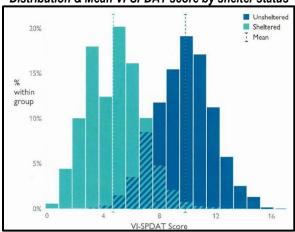


Trauma & Health Conditions Among Unsheltered Adults FACT SHEET: October, 2019

This fact sheet is based on the research by the CA Policy Lab, based on their analysis of 64,000 VI-SPDAT [homeless vulnerability surveys] of homeless adults nationally: Health Conditions Among Unshelterd Adults in the US

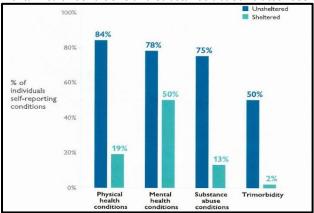




The mean VI-SPDAT score for unsheltered people was 9.9 compared to 4.7 for sheltered people; unsheltered women's mean VI-SPDAT score was 12.

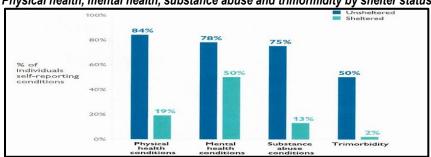
Note: The scores range from 0 – 17; a score of 4.7 means person needs limited term rental subsidy; while a score of 9 or 12 means person needs permanent supportive housing

Physical health conditions, mental health conditions and substance abuse-related loss of housing by shelter status



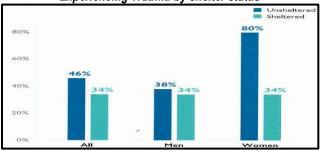
Unsheltered <u>4 times</u> as likely to report physical health conditions; <u>3 times</u> as likely to report mental health conditions and <u>8 times</u> as likely to report use of drugs or alcohol contributing to loss of housing

Physical health, mental health, substance abuse and trimormidity by shelter status



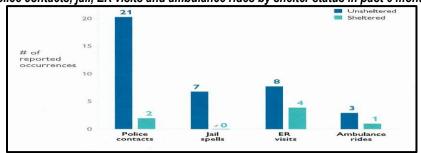
Unsheltered <u>4 times</u> as likely to report a physical health condition; <u>1.5 times</u> as likely to report a mental health condition; <u>5 times</u> as likely to report a substance abuse condition and <u>25 times</u> as likely to report all three as sheltered people

Experiencing Trauma by shelter status



Unsheltered women report abuse and trauma at over <u>2</u> times the rate of all unsheltered people [46%] and sheltered people [34%] and unsheltered men [38%] and sheltered men [34%]

Police contacts, jail, ER visits and ambulance rides by shelter status in past 6 months



Unsheltered people report 10 times as many police contacts; 9 times as likely to have spent at least one night in jail; 2 times as likely to report at least one visit to ER; and 3 times as likely to report at least one trip in an ambulance

Length of homeless [days] by shelter status



Unsheltered people report length of homelessness <u>6 times</u> longer than sheltered people and unsheltered homeless women report length of homeless <u>14 times</u> higher than sheltered people and <u>2 times</u> higher than all unsheltered people